





**Postal Training Program India post Officials**

Session	Date	Topic	Resource person	Photos
1.	29-01-2020 & 30-01-2020	Grooming	Prof.B.Palanivelrajan	
2.		Gender Sensitization	Prof.B.Shanthi	
3.		Communication skills	Prof.T.Sownthariya	
4.		Stress management	Dr.T.Jothimurugan	
5.		Leadership skills	Dr. R.S.Balasenthil	

6.		Time management	Prof.T.S.Ramkumar	
7.		Team building	Prof.B.Palanivelrajan	
8.		Motivation	Dr.K.S.Hariharan	
9.		Motivation	Prof. T.Shobanadevi	
10.	09-01-2020	Communication skills	Prof.T.Sownthariya	
11.		Leadership skills	Prof.T.S.Ramkumar	

12.		Interpersonal skills	Dr.T.Jothimurugan	
13.	07-01-2020	Motivation	Dr.K.S.Hariharan	
14.		Team building	Prof.B.Palanivelrajan	
15.		Communication skills	Prof.T.Sownthariya	
16.		Attitude	Dr.T.Jothimurugan	